

Parentins FATTERS

The art of raising Righteous Children





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Guardians guide to parenting

Allah refers to children as gifts from Him. They should be loved, cherished, and considered a blessing to have. This course will delve into one of the greatest, but also most testing, experiences we may undertake in life: parenthood.

From the delivery room to your child's first steps into adulthood, Islam provides the most comprehensive guidelines in how to raise and nurture them. This course will not only provide knowledge but most importantly practical and relevant steps to facilitate your job as a parent.

Course objectives:

To know and understand:

- 1. Your child's rights upon you.
- 2. How to deal with the 'terrible two's'.
- 3. The choices and pros and cons of private schools, public / state schools or home-schooling.
- 4. How to establish the prayer with young children.
- 5. How to tackle gender mixing in the West.
- 6. Things to watch out for in boys and girls during their teenage years.
- 7. How to address your child having bad friends.
- 8. How to exercise care with modern technology.
- 9. How to tackle societal problems that your children may face.

And much, much more!





Part I | The nurturing phase, preparations for guardians

Qur'an

يَتَأَيُّهَا ٱلَّذِينَ ءَامَنُواْ قُوَاْ أَنفُسَكُمْ وَأَهْلِيكُمْ نَارَا وَقُودُهَا ٱلنَّاسُ وَٱلْحِجَارَةُ عَلَيْهَا مَلَتَبِكَةٌ غِلَاظٌ شِدَادٌ لَّا يَعْصُونَ ٱللَّهَ مَآ أَمَرَهُمْ وَيَفْعَلُونَ مَا يُؤْمَرُونَ ۞

O you who have believed, protect yourselves and your families from a fire whose fuel is people and stones, over which are [appointed] angels, harsh and severe; they do not disobey Allah in what He commands them but do what they are commanded (Sūrat al-Taḥrīm, 66:6).

يَـّا أَيُّهَا ٱلنَّاسُ ٱتَّقُواْ رَبَّكُمُ ٱلَّذِى خَلَقَكُم مِّن نَّفْسِ وَحِدَةِ وَخَلَقَ مِنْ أَيُّهَا ٱلنَّاسُ ٱلَّذِى تَسَاّعَلُونَ مِنْهُا زَوْجَهَا وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا وَنِسَاّءٌ وَٱتَّقُواْ ٱللَّهَ ٱلَّذِى تَسَاّعُلُونَ بِهِـ وَٱلْأَرْحَامُ إِنَّ ٱللَّهَ كَانَ عَلَيْكُمْ رَقِيبًا ۞

O mankind! Be dutiful to your Lord, Who created you from a single person (Adam), and from him (Adam) He created his wife [Hawwa (Eve)], and from them both He created many men and women; and fear Allâh through Whom you demand (your mutual rights), and (do not cut the relations of) the wombs (kinship) (Surat al-Nisā³, 4:1).

وَلْيَخْشَ ٱلَّذِينَ لَوْ تَرَكُواْ مِنْ خَلْفِهِمْ ذُرِّيَّةً ضِعَفًا خَافُواْ عَلَيْهِمْ فَلْيَتَّقُواْ ٱللَّهَ وَلْيَقُولُواْ قَوْلَا سَدِيدًا ۞

And let those (executors and guardians) have the same fear in their minds as they would have for their own, if they had left weak offspring behind. So let them fear Allâh and speak right words.

(Surat al-Nisā³, 4:9).

يَ اللَّهُ النَّاسُ إِنَّا خَلَقْنَكُم مِّن ذَكْرِ وَأُنثَى وَجَعَلْنَكُمْ شُعُوبَا وَقَبَآبِلَ لِتَعَارَفُوٓ أُ إِنَّ ٱللَّهَ عَلِيمٌ خَبِيرٌ وَقَبَآبِلَ لِتَعَارَفُوٓ أَ إِنَّ ٱللَّهَ عَلِيمٌ خَبِيرٌ

O mankind! We have created you from a male and a female, and made you into nations and tribes, that you may know one another. Verily, the most honourable of you with Allâh is that (believer) who has At-Taqwa [i.e. he is one of the Muttaqûn. Verily, Allâh is All-Knowing, All-Aware. (Surat al-Hujurat 49:13).

نِسَاَؤُكُمْ حَرْثُ لَّكُمْ فَأْتُواْ حَرْثَكُمْ أَنَى شِئْتُمُّ وَقَدِّمُواْ لِأَنفُسِكُمْ وَاتَّقُواْ ٱللَّه وَاعْلَمُوّاْ أَنَّكُم مُّلَقُوهٌۖ وَبَشِّرِ ٱلْمُؤْمِنِينَ





	Your wives are a tilth for you, so go to your tilth, when or how you will, and send (good deeds, or ask Allâh to bestow upon you pious offspring) for your ownselves beforehand. And fear Allâh, and know that you are to meet Him (in the Hereafter), and give good tidings to the believers (O Muhammad SAW). (Surat al-Baqarah 2:223). \[\text{Yi} \frac{1}{2} \text{pi} dil lil lil lil lil lil lil lil lil lil	
	(Satan) deceive you about Allâh. (Surat Luqman 31:33).	
Sunnah	The Prophet <i>peace and blessing of Allah be upon him</i> said 'When one of the children of Adam dies, his deeds are cut off with three exceptions: and a righteous child that will supplicate for them' (Ṣaḥāḥ Muslim).	

Points of benefit:

- This prophetic advice is for all parents. The best of the best has lead by example; it's up to us to follow in his footsteps; or at least leave a legacy behind.
 It may be that our parents
- This outlines the *tarbiyah al-nabawiyyah* (the prophetic methodology for parenting), and there can be no advice, no set of guidelines, that can be better than the advice of the Prophet
- Honour comes with responsibilities
- ❖ Note the link of the relationship and the story of creation
- ❖ Everything revolves around one word (TAQWA)
- **❖** TAQWA=JUDGMENT DAY
- Hence, precede for yourself

It may be that our parents did not raise us with this guidance; however, it is our choice whether we will act in accordance with it and thereby leave the best of legacies in our righteous children.





Guidelines, definitions and religious obligations

Linguistic	The word tarbiyah carries several meanings	
definition of tarbiyah	1. 'Increase' and 'growth':	
	ٱلرِّبَوْاْ وَيُرْبِي ٱلصَّدَقَاتِّ and gives increase for charities.	
	(Sūrat al-Baqarah, 2:276).	
	2. 'Establish', according to al-Fayrūzābādī.	
	3. 'Protecting', 'caring', 'educating' and 'providing', according to Ibn Manzūr.	
	4. 'Discipline' and 'correction', according to Ibrāhīm Muṣṭafā.	
Idiomatic definition	An adult's collective behaviours, actions and utterances, toward a child, in order to assist in their development; to provide children with the ability and guidance enabling them to achieve their maximum potential in light of Qur'an and Sunnah (Abū Ṣāliḥ Muḥibb al-Dīn).	
Technical and Islamic definition	To develop all aspects of personalities, according to Islamic principles and to establish the ultimate goals of the <i>sharī</i> ^c <i>ah</i> in all fields of life (Subḥī Ṭāhā Rashīd Ibrāhīm).	

- ❖ What is the difference between raising and nurturing your child?
- ❖ What is the difference between woman and spouse?
- ❖ What is the difference between father and guardian?
- ❖ What is your retirement plan?
- ❖ What should you plant first?





Children

Islam considers children one of the greatest gifts and blessings humanity is endowed with and the prophets and messengers, from time immemorial, asked Allah for righteous offspring. Children are thus:

Glad tidings	يَنزَكَرِيَّا إِنَّا نُبَشِّرُكَ بِغُلَمٍ ٱسْمُهُۥ يَحْيَىٰ لَمْ خَعْلَ لَّهُۥ مِن قَبْلُ أَسُمِيًّا ﴿ O Zakariyyā, indeed We give you good tidings of a boy whose name will be Yaḥyā. We have not assigned to any before (this) name' (Sūrat Maryam, 19:7).
A comfort to one's eyes	وَٱلَّذِينَ يَقُولُونَ رَبَّنَا هَبُ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ أَعُيُنِ وَالجُعَلْنَا لِلْمُتَّقِينَ إِمَامًا ﷺ And those who say, 'Our Lord, grant us from among our wives and offspring comfort to our eyes and make us an example for the righteous' (Sūrat al-Furqān, 25:74).
A means of affection and mercy	وَجَعَلَ بَيْنَكُم مَّوَدَّةَ وَرَحُمَةً ۚ إِنَّ فِي ذَالِكَ لَآكِيتِ لِّقَوْمِ يَتَفَكَّرُونَ ۞ and He placed between you affection and mercy. Indeed in that are signs for a people who give thought. (Sūrat al-Rūm, 30:21).
An adornment of life	ٱلْمَالُ وَٱلْبَنُونَ زِينَةُ ٱلخُيَوْةِ ٱلدُّنْيَا Wealth and children are [but] adornment of the worldly life (Sūrat al-Kahf, 18:46).





A gift from Allah

°Ā'sishah *raḍi'Allāh 'anhā* narrated, 'Indeed, your children are Allah's gift for you' (al-Ḥākim).

And We bestowed upon him Ishāq and $Ya^cq\bar{u}b...$ ($S\bar{u}rat\ al-An^c\bar{a}m$, 6:84).

'So We answered his call, and We bestowed upon him Yaḥyā'... (Sūrat al-Anbiyā', 21:90).

'And to Dāwūd We gave Sulaymān'... (Sūrat Ṣād, 38:30).

It is He Who has created you from a single person (Adam), and has given you a place of residing (on the earth or in your mother's wombs) and a place of storage [in the earth (in your graves) or in your father's loins]. Indeed, We have explained in detail Our revelations (this Qur'ân) for people who understand. (Surat al-Anaam 6:98).

So, if your children are righteous, prostrate to Allah, and be grateful to Him for His gift. That's why Muḥammad 'alayhi al-ṣalāt wa'l-salām, used to come down from the pulpit when he saw al-Ḥasan and al-Ḥusayn raḍi'Allāh 'anh.

Anas b. Mālik narrated, 'Be good to your children and perfect their characters' (Ibn Mājah).

It's time to play and have fun with your children!





Parenting

Religious obligation

Caring for and nurturing your children is a religious obligation, one that brings you closer to Allah, because they are beloved to Him.

...and I bestowed upon you love from Me that you would be brought up under My eye (Sūrat ṬāHā, 20:39).

I swear by this city (Makkah). And you (O Muḥammad) are free of restriction in this city. And (by) the father and that which was born (of him) (Sūrat al-Balad, 90:1–3).

Parenthood is an education in Allah's names and attributes

It is a fact of life that parents live their lives around their children, devoting everything to them, even going hungry and thirsty for them. Moreover, they ardently wish and desire their children to be better than them in every possible way.

All this is despite the fact that a child is dependent on his/her parents. This is the mercy Allah bestowed in the hearts of a parent.

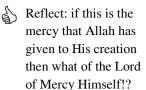
So by mercy from Allah (O Muḥammad) you were lenient with them. And if you had been rude (in speech) and harsh in heart, they would have disbanded from about you... (Sūrat Āl-ʿImrān, 3:159).

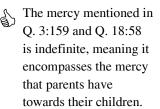
And your Lord is the Forgiving, full of mercy... (Sūrat al-Kahf, 18:58).

Even though the most merciful amongst the creation, upon creation, is the Prophet Muḥammad ^calayhi al-ṣalāt wa'l-salām.

Allah placed mercy in the hearts of His creation:

Except whom your Lord has given mercy, and for that He created them... (Sūrat Hūd, 11:119).









	يُوصِيكُمُ ٱللَّهُ فِي أَوْلَادِكُمٍّ
	Allah instructs you concerning your children (Sūrat al- Nis \bar{a}° , 4:11).
Upbringing of a child affects the	No matter how wealthy or successful one is if his children are not righteous he will not attain complete peace of mind.
parents' happiness and peace of mind	فَلَا يُخْرِجَنَّكُمَا مِنَ ٱلْجُنَّةِ فَتَشْقَىٰٓ ۞ So let him not get you both out of Paradise, so that you will be distressed (Sūrat Ṭā-Hā, 20:117).
	Allah is speaking in a dual tense in the first half. However, at the end He is speaking in the singular. Because if Ādam is distressed, Hawwā will be distressed also. By analogy, then, if your children are distressed, you will be as well.
A righteous In this life, there is nothing better than this verse:	
child is one of the greatest rewards	وَٱلَّذِينَ يَقُولُونَ رَبَّنَا هَبْ لَنَا مِنُ أَزُورَجِنَا وَذُرِّيَّتِنَا قُرَّةَ أَعْيُنِ وَٱجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا ۞
rewarus	And those who say: 'Our Lord! Bestow on us from our wives and our offspring the comfort of our eyes, and make us leaders for the muttaqūn (pious) (Sūrat al-Furqān, 25:74).
	In the hereafter, there is something better:
	وَالَّذِينَ آمَنُوا وَاتَّبَعَتْهُمْ ذُرِّيَّتُهُم بِإِيمَانٍ أَلْحُقْنَا بِهِمْ ذُرِّيَّتَهُمْ
	And those who believe and whose offspring follow them in Faith, to them shall We join their offspring (Sūrat al-Ṭūr, 52:21).
	أفضل كسب الرجل ولده
	°Abd Allāh b. °Amr <i>raḍi'Allāh °anh</i> narrated, 'The best of earnings for a man/woman, is a righteous child' (al-Ṭabarānī).
Neglecting one's	وَٱلْفِتْنَةُ أَشَدُّ مِنَ ٱلْقَتْلَ
children is as if you killed them	and al-fitnah is worse than killing (Sūrat al- Baqarah, 2:191).
	In this context the $\bar{a}ya$ means, not raising one's children correctly necessitates they will go through life without correct guidance. Thus, they will not be equipped to deal with the daily <i>fitan</i> of life. This is as if you have killed them.
	وَلَا تَقْتُلُوٓاْ أَوْلَدَكُم مِّنْ إِمْلَقِ Kill not your children because of poverty (Sūrat

Q. 65:2, taken in its general sense, teaches us how Allah will deal with us in accordance with our expectations of Him and our actions:

...And whoever fears Allah - He will make for him a way out (Sūrat al-Ṭalāq, 65:2)

For example, whosoever fears Allah by being conscious of the method in which they obtain their sustenance, Allah will protect their wealth from being spoiled.

Similarly, if you fear Allah in upbringing your children, Allah



al- $An^{c}\bar{a}m$, 6:151).



For example, you are afraid of poverty and want to send your	
child to learn in another country without supervision or	
righteous company or environment, to get a better education,	
hence better salary, and that's the fitnah.	

Would any of you wish to have a garden with date-palms and vines, with rivers flowing underneath, and all kinds of fruits for him therein, while he is striken with old age, and his children are weak (not able to look after themselves), then it is struck with a fiery whirlwind, so that it is burnt? Thus does Allâh make clear His Ayât (proofs, evidences, verses) to you that you may give thought.(Surat al-Bagarah, 2:266).

Fairness and justice with all your children

Children are smarter than we think, they observe and register their parents' behaviour. Thus a parent should be very careful in demonstrating love equally.

Al-Nu^cmān b. Bashīr narrated that the Prophet of Allah said, 'Fear Allah and be fair to your children' (Ṣaḥīḥ al-Bukhārī/Muslim).

A man came to Prophet Muḥammad ^calayhi al-ṣalāt wa'l-salām to ask him to be a witness upon his gift to his son? Prophet Muḥammad asked him, do you have others? He said yes; Prophet Muḥammad asked did you give them all the same? He said no. Prophet Muḥammad said, get someone else to witness, because I cannot be a witness to injustice.

Empower your children toward independence

Abū Hurayrah narrated, 'Aid your children to do well' (al-Ṭabarānī).

A parent should always aim to empower his/her children to grow into independent and capable adults. One can do this by having them accompany your work now and then, having them do voluntary / paid jobs, and teaching them the various skills needed for success etc. Moreover, Islamically, parents should help their children by facilitating marriage for them early.

? What is the difference between equality and justice?





)) كفي بالمرء إِثما أن يُضَيِّع مَن يقوتُ ((.	
	°Abd Allāh b. °Amr .A. narrated, 'It's sufficient of a sin to lead astray whom you Shepard.' (Muslim/Abū Dāwūd).	
)) لأَنْ يُؤَدِّبَ الرجلُ وَلَدَه خيرٌ من أن يتصدق بصاع ((.	
	Jābir b. Samurah narrated, 'It is better for you to teach your children manners, than giving ṣadaqah.' Al-Tirmidhī).	
	وَأُمُرُ أَهْلَكَ بِٱلصَّلَوٰةِ وَٱصْطَبِرُ عَلَيْهَاً And enjoin the prayer on your family, and be patient in offering it (Sūrat Ṭā Hā, 20:132).	
Breaking the 'when I was your age' syndrome	Children should be raised in accordance with their peers and the time they have been born in, one cannot apply rules and etiquettes from one's own youth if they bear no relevance to the society and time his/her children live in.	Be a dream-maker, not a dream-breaker!
	^c Alī <i>raḍi'Allāh ^canh</i> said, 'Raise your children in a different way that you were raised in, because they were born and raised in a different time and environment than you were.'	





Attributes of a successful parent:

Patience and calmness	Ibn ^c Abbās <i>raḍi'Allāh ^canh</i> narrated that Prophet Muḥammad said to Ashajj Abd Qyis: 'you have two characters that Allah loves: calmness and patience.' Muslim.
Gentleness and Mercy	°Ā°ishah <i>raḍi'Allāh °anh</i> narrated that Prophet Muḥammad <i>°alayhi al-ṣalāt wa'l-salām</i> said: 'Indeed Allah is Gentle and loves gentleness in all affairs.' Agreed upon.
Compassion	Ibn 'Umar <i>raḍi'Allāh</i> 'anh narrated that Prophet Muḥammad 'alayhi al-ṣalāt wa'l-salām said: 'Verily, for every tree there's a fruit and the fruit of the heart is the child. Indeed Allah will not have mercy upon those whom will not have mercy upon their children' (al-Bazzār).
Lenient and easy	°Ā°ishah <i>raḍi'Allāh °anh</i> narrated that Prophet Muḥammad <i>°alayhi al-ṣalāt wa'l-salām</i> always choose the easier way; as long as it was not a sin' Agreed upon.
Flexible and considerate	Ibn Mas ^c ūd narrated that Prophet Muḥammad ^c alayhi al- ṣalāt wa'l-salām said: 'Have I not told you who will be protected from the Hellfire? Every one that is close, gentle, lenient, and easy' (al-Tirmidhī).
Restrained	Abū Hurayrah <i>raḍi'Allāh 'anh</i> narrated that Prophet Muḥammad 'alayhi al-ṣalāt wa'l-salām gave advice 3 times to a man: 'Don't get angry' (Ṣaḥīḥ al-Bukhārī).
Moderate	Abū Mas°ūd narrated that Prophet Muḥammad 'alayhi al-ṣalāt wa'l-salām told Mu°ādh raḍi'Allāh 'anh when he prolonged the prayer: 'Do you want to start a fitnah' (Agreed upon).
Tactful and considerate	Ibn Mas ^c ūd <i>raḍi'Allāh canh</i> narrated that Prophet Muḥammad <i>calayhi al-ṣalāt wa'l-salām</i> used to teach us periodically; as he did not want to overwhelm us' (Agreed upon).





Daily Checklist

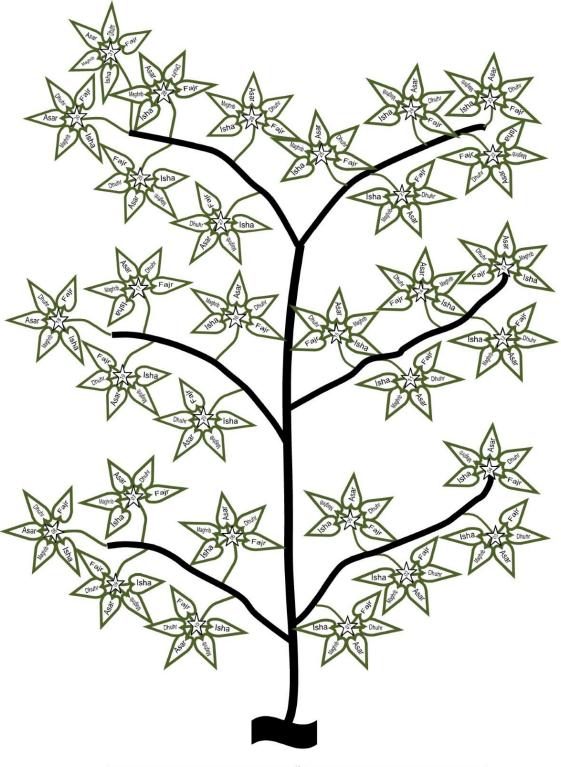
Name:	Month:
Tick the boxes for each day. Add up the number	of ticks at the bottom of each column and at the end of each ro

Daily Tasks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1. Performed my 5 daily Fard prayers on time																					
2. Performed my Sunnah prayers																					
3. Said morning and evening dua'a (adhkar)																					
4. Read the Qur'an																					
5. Made dua'a for the Prophet (saws)																					
6. Made dua'a for my parents, siblings & Ummah																					
7. Made my parents smile, hugged & kissed them																					
8. Read/listened/watched stories about Allah's creation, the Prophets or Islamic history																					
9. Performed an act of charity																					
10. Asked Allah for Jannnah																					
11. Performed my daily grooming (e.g., shower, dress)																					
12. Helped Mum with housework																					
13. Helped looking after my brothers and sisters																					
14. Showed respect to my teachers																					
15. Did all of my homework on time																					
16. Was kind to family, friends and others																					
17. Did not lie, argue, fight or think badly of someone																					
18. Played some sport																					
19. Had good manners and behavior																					
20. Didn't listen to music, watch TV or play video game																					
Total																					
Weekly Tasks	1			2					3												
1. Memorized verses of the Qur'an																					
2. Gave charity or gift to someone																					
3. Memorized one dua'a from the Sunnah																					
4. Visited my relatives																					
5. Read a beneficial book																					

MY PRAYER TREE

My Name :

My Age :	Month:					
Color of the leave	Note					
Green	Prayer performed with Jamath					
Yellow	Prayer performed without Jamath but within its time					
Red	Prayer not performed in its time					



Total Green leaves () x 10 =	Grade : Excellent / Good / Fair / Need to improve								
Total Yellow Leaves () x 5 =									
Total Red leaves () x (-5) =									
Total Marks for this Month =	(Father/ Guardian Sign)								